



Seiki Juku Karate Do

Spillard Karate

Email info@seikijukukarate.com

Spillard Karate Half Term Course

Cheam High School, Chatsworth Road, Cheam, Surrey

10.30am – 2.00pm (half hour for lunch)

Course Fees: £45 for 2days

£25 for 1 day

Payable online at <http://www.seikijukukarate.com/newsevents/>

Cheques payable to Spillard Karate

Log on to our website, click on clubs and print off a map



or

www.maps.google.co.uk search Seiki Juku Karate

The course events to include BO work, Seiki Juku 15 one step combinations, GOYON and YOHON KUMITE as well as KATA and WEAPONS training, all grades are welcome.

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Application form

Name: Signed.....

Karate club at: Grade.....

Contact number:Parent/Guardian.....(under 18)